



## Nutrition Hub Instructor Part-Time

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MLSE LaunchPad is seeking a dynamic and engaging part-time Nutrition Instructor to implement two Nutrition Programs – Healthy Me, Healthy Community & Chop It Like It's Hot. In this role, the lead Instructor will educate and facilitate programming regarding the importance of healthy eating, diabetes prevention, staying physically active and basic kitchen skills.

### **Healthy Me, Healthy Community**

Duration: Tuesdays from November 13, 2018-June 25, 2019  
(excluding Winter/March Break and program closure weeks)

### **Chop It Like It's Hot**

Duration: Alternating Saturdays from February 16, 2019 – June 29, 2019  
(excluding March Break and Program closure weeks)

### **Responsibilities**

- Deliver high quality programming to youth participants.
- Effectively communicate program expectations, goals, and behavior expectations to youth.
- Contribute to the implementation of the evaluation of the program to support delivery of established program goals.
- Facilitate workshops based on the specific sport and life skills objectives of MLSE LaunchPad programs
- Coordinate, compile and organize existing program resources and program materials.
- Ensures that youth are properly and safely using equipment and supplies
- Apply established subject matter knowledge to develop and enhance program lesson plans, curriculum and corresponding materials to meet established program objectives.
- Work to adhere to MLSE Launchpad policies and procedures while addressing community and individual needs and considering diverse audiences.
- Assist with making recommendations for improvement/changes/needs to strengthen and improve programmatic offerings.
- Participate in all required orientation, training, and/or in-service meetings and trainings as scheduled/required.
- Perform other duties as assigned.

### **Qualifications**

- MUST BE available for the duration of the program as outlined above.
- MUST HAVE Food Handler certification
- Knowledge of and sensitivity to the impact of social, economic, environmental, and cultural issues in diet and nutrition
- Familiarity with commercial kitchen, purchasing, preparing foods, and following recipes
- Experience in education, group facilitation, or other programs engaging with youth
- Exceptional classroom management skills / youth engagement
- Master curricula and effectively help students meet key learning objectives
- Positive demeanor, calm under pressure, high energy
- Ability to present effective and relevant educational materials to diverse youth audiences (one-on-one and group) maintaining cultural sensitivity.
- Ability to work in a team or independently
- Standard First Aid and CPR considered an asset
- HIGH FIVE: Principles of Healthy Child Development is an asset.
- Certified Diabetes Educator (CDE) certification preferred

To apply, please send your resume to [marnie.smith@mlselaunchpad.org](mailto:marnie.smith@mlselaunchpad.org)

**Application Deadline: Friday, November 9<sup>th</sup>, 2018 -6:00PM**



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