

MLSE LAUNCHPAD

TRANSFORMING THE LIVES OF YOUTH THROUGH SPORT



Introduction

Welcome to the MLSE LaunchPad newsletter! This newsletter will be emailed out & left at front desk every program cycle.

These newsletters are to give you insight on what we are doing at MLSE LaunchPad with extensive knowledge on upcoming events, programs, new updates, etc.

Next news letter: mid-December



You missed out Raptors Viewing Party for their Home Opener! Stay tuned for the next one

Upcoming Events

November 1: Deadline to upload profile photo for Leafs Ticket Draw

November 5-7: Sign-up for Nutrition Study

November 5-17: Winter Cycle Registration

November 12: Program Evaluations Begin

November 16: PA Day

Updates:

Please consider your friends, peers, and new members during program registration, we hope to have spots for everyone!

How can you help? Only Register for programs you can attend!

Registering for programs that you do not attend will result in a penalty for future registration periods

VISIT US AT

259 Jarvis Street, Toronto, ON

QUESTIONS? REACH OUT!

info@mlselaunchpad.org

@MLSELaunchPad

follow us:



Did you know?

All of our sport programs at MLSE LaunchPad teach “physical literacy”. Just like literacy in school – reading and writing – physical literacy teaches building blocks to be active for life!

How do we teach it? Small groups, focus on fun and learning, lots of different sports to try.
How do we measure it? We use surveys on **Scoreboard** to measure confidence, motivation, and knowledge and skills days on court to measure improvement in sport and movement skills – this helps us make our programs better for all of our members!

Scoreboard Contest: WIN LEAFS TICKETS!!

All MLSE members who have uploaded a profile photo of themselves to Scoreboard will be entered in a draw for a **FREE pair of tickets** to see the Toronto Maple Leafs live on Friday November 9, 2018.



Nutrition Study

We are conducting a study on nutrition and food to improve our nutrition programs here at MLSE Launchpad. Sign up **November 5-7** during program registration!

Participating involves surveys at home or on the tablets in the atrium. Participants will receive **300 BONUS scoreboard points** and a **\$20 grocery gift card!**

MLSE LaunchPad PA Days

We've launched our PA Day program for the 2018/2019 school year!

Every PA day we will have a team-themed day for ~50 MLSE LaunchPad members. The next PA day is **November 16** & registration will open the week prior – keep an eye on your inbox!



VISIT US: 259 Jarvis Street, Toronto, ON
CALL US: 416.845.7588

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