# February 10 - April 18 Program Schedule

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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<tbody>
<tr>
<td>GIRLS MULTI-SPORT&lt;br&gt;AGE: 6-10&lt;br&gt;4:30PM-5:30PM</td>
<td>DROP-IN COUNSELING&lt;br&gt;AGE: n/a&lt;br&gt;3:30PM-6:30PM</td>
<td>FOOTBALL&lt;br&gt;AGE: 6-10&lt;br&gt;4:30PM-5:30PM</td>
<td>HOMEWORK CLUB&lt;br&gt;AGE: 6-16&lt;br&gt;3:30PM-6:30PM</td>
<td>DROP-IN COUNSELING&lt;br&gt;AGE: n/a&lt;br&gt;1:00PM-4:00PM</td>
<td>VARIETY VILLAGE:&lt;br&gt;FITNESS FOUNDATIONS&lt;br&gt;AGE: 7-16&lt;br&gt;10:00AM-11:00AM</td>
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<td>GIRLS OPEN GYM&lt;br&gt;AGE: 6-10&lt;br&gt;5:30PM-6:30PM</td>
<td>HOMEWORK CLUB&lt;br&gt;AGE: 6-16&lt;br&gt;3:30PM-6:30PM</td>
<td>SHARING DANCE: CREATIVE MOVEMENT&lt;br&gt;AGE: 6-12&lt;br&gt;4:30PM-5:30PM</td>
<td>SQUARE CIRCLE&lt;br&gt;AGE: 9-14&lt;br&gt;4:00PM-5:30PM</td>
<td>BASKETBALL&lt;br&gt;AGE: 6-10&lt;br&gt;4:30PM-5:30PM</td>
<td>MULTISPORT&lt;br&gt;AGE: 6-10&lt;br&gt;11:00AM-12:00PM</td>
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<td>GIRLS OPEN ROCK CLIMBING&lt;br&gt;AGE: 6-10&lt;br&gt;5:30PM-6:30PM</td>
<td>SQUARE CIRCLE&lt;br&gt;AGE: 9-14&lt;br&gt;4:00PM-5:30PM</td>
<td>ROCK CLIMBING&lt;br&gt;AGE: 6-10&lt;br&gt;4:30PM-5:30PM</td>
<td>MULTI-SPORT&lt;br&gt;AGE: 6-10&lt;br&gt;4:30PM-5:30PM</td>
<td>GIRLS FUTSAL&lt;br&gt;AGE: 6-10&lt;br&gt;4:30PM-5:30PM</td>
<td>OPEN GYM&lt;br&gt;AGE: 6-10&lt;br&gt;5:30PM-6:30PM</td>
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<td>VOLLEYBALL&lt;br&gt;AGE: 6-10&lt;br&gt;4:30PM-5:30PM</td>
<td>MULTI-SPORT&lt;br&gt;AGE: 6-10&lt;br&gt;4:30PM-5:30PM</td>
<td>BASKETBALL&lt;br&gt;AGE: 6-10&lt;br&gt;5:30PM-6:30PM</td>
<td>BOXING&lt;br&gt;AGE: 11-14&lt;br&gt;5:30PM-6:30PM</td>
<td>OPEN GYM&lt;br&gt;AGE: 6-10&lt;br&gt;5:30PM-6:30PM</td>
<td>OPEN GYM&lt;br&gt;AGE: 6-10&lt;br&gt;12:00PM-1:00PM</td>
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<td>BALL HOCKEY GAME PLAY&lt;br&gt;AGE: 6-10&lt;br&gt;5:30PM-6:30PM</td>
<td>VOLLEYBALL&lt;br&gt;AGE: 11-14&lt;br&gt;5:30PM-6:30PM</td>
<td>SHARING DANCE: CHOREOGRAPHY&lt;br&gt;AGE: 6-12&lt;br&gt;5:30PM-6:30PM</td>
<td>FUTSAL&lt;br&gt;AGE: 11-14&lt;br&gt;5:30PM-6:30PM</td>
<td>OPEN GYM&lt;br&gt;AGE: 6-10&lt;br&gt;5:30PM-6:30PM</td>
<td>OPEN GYM&lt;br&gt;AGE: 6-10&lt;br&gt;1:00PM-3:00PM</td>
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<td>GAME ON 2.0&lt;br&gt;AGE: 15-18&lt;br&gt;5:30PM-7:30PM</td>
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<td>ROCK CLIMBING&lt;br&gt;AGE: 6-10&lt;br&gt;5:30PM-6:30PM</td>
<td>FUTSAL CLINIC SERIES&lt;br&gt;AGE: 11-14&lt;br&gt;6:30PM-7:30PM</td>
<td>OPEN GYM&lt;br&gt;AGE: 11-14&lt;br&gt;6:30PM-7:30PM</td>
<td>OPEN GYM&lt;br&gt;AGE: 15-22&lt;br&gt;3:00PM-5:00PM</td>
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<td>GIRLS BASKETBALL&lt;br&gt;AGE: 11-14&lt;br&gt;5:30PM-6:30PM</td>
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<td>ROCK CLIMBING&lt;br&gt;AGE: 6-10&lt;br&gt;5:30PM-6:30PM</td>
<td>OPEN YOGA&lt;br&gt;AGE: 11-14&lt;br&gt;6:30PM-8:00PM</td>
<td>OPEN ROCK CLIMBING&lt;br&gt;AGE: 11-29&lt;br&gt;7:00PM-8:30PM</td>
<td>OPEN GYM&lt;br&gt;AGE: 15-18&lt;br&gt;7:30PM-9:00PM</td>
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<td>BALL HOCKEY GAME PLAY&lt;br&gt;AGE: 11-14&lt;br&gt;6:30PM-7:30PM</td>
<td>ADAPTIVE SPORT&lt;br&gt;AGE: 11-14&lt;br&gt;6:30PM-7:30PM</td>
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**REGISTERED PROGRAMS**

**DROP-IN PROGRAMS**

Member’s First & Last Name:
Program Registration

Program registration takes place in person at our facility (259 Jarvis St.) starting on January 20th. Registration will be on a first come, first served basis until programs are full.

Program Highlights

Every cycle we introduce new programs and bring back members’ favourites. For Winter 2 a few of our highlighted programs are:

- Volleyball age 6-10 years old
- Adaptive Sport age 11-14 years old
- Her Time To Play girls age 11-14 years old
- Game On 2.0 girls age 15-18 years old

Hours of Operation

- Monday 9am-8:30pm
- Tuesday 9am-9:30pm
- Wednesday 9am-9:30pm
- Thursday 9am-9pm
- Friday 9am-9pm
- Saturday 10am-5pm

Upcoming closure dates:

- February 3rd - 8th for Break Week
- February 17th for Family Day
- April 17th for Easter
- April 20th - 25th for Break Week

Life Skills

Every program cycle we focus on a different life skill through our sport programming. This program cycle the life skill is grit (Perseverance and passion towards long-term goals. The capacity to sustain effort and interest.)

Scoreboard 2.0

MLSE Scoreboard is going through some major renovations! We are hard at work to improve MLSE Scoreboard to make it easier for everyone to use.