

MLSE LaunchPad Sport Programs

– Begins March 20th –

MLSE LaunchPad offers a wide range of weekly instructional and recreational activities that encourage skill development, increased physical activity, and promote the enjoyment of sport.

For more information on our programs, please visit our website mlselaunchpad.org!

WHAT?	WHO?	WHEN?	
BASKETBALL	Co-Ed (6-12 yrs)	Tuesdays	4:30pm – 5:30pm
		Fridays	3:30pm – 4:30pm
	Girls (6-12 yrs)	Wednesdays	3:30pm – 4:30pm
BASKETBALL	Co-Ed DROP-IN (12-18 yrs)	Tuesdays	7:00pm – 9:00pm
		Fridays	6:30pm – 9:00pm
		Saturdays	1:00pm – 5:00pm
BALL HOCKEY	Co-Ed DROP-IN (12-18 yrs)	Fridays	7:00pm – 9:00pm
		Saturdays	1:00pm – 5:00pm
BALL HOCKEY	New Canadians (6-12 yrs)	Wednesdays & Fridays 4:30pm – 5:30pm	
INDOOR SOCCER	Co-Ed (6-12 yrs)	Wednesdays	4:30pm – 5:30pm
	Co-Ed DROP-IN (12-18 yrs)	Wednesdays	8:00pm – 9:00pm
		Fridays	6:30pm – 9:00pm
	Saturdays	1:00pm – 5:00pm	
MULTI-SPORT	Co-Ed (6-12 yrs)	Tuesdays	3:30pm – 4:30pm
		Saturdays	11:00am – 12:30pm
	Girls (6-12 yrs)	Mondays	3:30pm – 4:30pm
ROCK CLIMBING	Co-Ed DROP-IN (6-24 yrs)	Wednesdays & Fridays	4:30pm – 7:30pm
	Girls DROP-IN (6-24 yrs)	Mondays	4:30pm – 7:30pm
YOGA	Girls DROP-IN (12-18 yrs)	Mondays	7:00pm – 8:00pm

REGISTRATION WEEK

MLSE LaunchPad will begin accepting program registration the week of February 27th – March 3rd between 3:00PM – 7:00PM daily

